



2021 - 2022 SEASON

Hosted by GEELONG ATHLETICS Inc.
Sponsored by THE RUNNING COMPANY GEELONG.
Volunteers courtesy of THE RUNNING COMPANY GEELONG.

~ PARTICIPATION AND FUN ~
For all runners and walkers - competitive or social

COMMENCES: MONDAY 22nd of November, 2021

VENUE: EASTERN PARK - BBQ ROTUNDA.

STARTING TIME: Registrations open from 5:45 PM for a 6:15PM start

DISTANCE: 1, 2, 3 LAPS in the park and on the walk track

Short course - 1, 635m

Long course - 2, 245m



SHORT COURSE: on the walk track and through the park

LONG COURSE: on the walk track around eastern gardens

JUNIORS under 16yrs compete over one lap of the designated distance.

SENIORS compete over a minimum distance of one lap and/or the designated distance.

ENTRY FEES \$3 each per PERSON (all proceeds going to GEELONG ATHLETICS)

SPOT PRIZES each week courtesy of our generous sponsors.

AGE WILL BE TAKEN AS AT the start of the Twilight Trot date.

ELIGIBILITY FOR HANDICAP Seniors must run 2 laps of the long course twice during the season & Juniors must run 1 lap of the long course twice during the season

ENQUIRIES: Ebony Flanigan P: 52428150 or Email: ebony.flanigan@therunningcompany.com.au / geelong@therunningcompany.com.au

PROGRAMME 2021-2022

22 nd	November	1 or 2 - Short
29 th	November	1 or 2 – Long
6 th	December	1, 2 or 3 - Short
13 th	December	1, 2 or 3 - Long
20 th	December	No Run Happy Holidays

27 th	December	No Run – Happy Holidays
3 rd	January	No Run – Happy New Year
10 th	January	1, 2, 3 or 4 of Long
17 th	January	1, 2, 3 or 4 of Short
24 th	January	1, 2, 3 or 4 - Long
31 st	January	1, 2, 3 or 4 - Short
7 th	February	1 or 2 or 3 - Long
14 th	February	1, 2 or 3 - Short
21 st	February	1 or 2 - Long
28 th	February	1 or 2 - Short
7 th	March	2 laps long Seniors Handicap Run. Juniors 1 lap long Handicap Run. Followed by Presentation of results.

CONDITIONS OF ENTRY:

1. Entrants, who are not registered athletes with Athletes Victoria **must** complete the DECLARATION form before competing in their first “Twilight Trot.”
2. All participants in the “Twilight Trot” **must** conform to event & COVID safe directions given by officials/volunteers. For information about COVID safe practices please follow the Twilight Trot on either Instagram or Facebook, see displayed posters at check-in or ask an official or volunteer. Victorian State Government COVID mandates must be followed by all participants. Please make yourself familiar with these prior to attendance.
3. **All participants must be cautious of vehicles when crossing roads, hazards on paths or whilst moving through parkland.**

